



## ‘Come and See’ – Step 1

### What this journey is about

#### Aim

To introduce inquirers to the rClyp journey, the methods and processes used in the Come and See gatherings.

#### Resources needed

##### Leaders

- *Come and See notes / PPT*
- *PPT laptop and projector or TV*
- *Chosen Video clip*
- *Prayer focus items*
- *Optical Illusions if not using ppt*

##### Young People

- *Journals and handouts!*

#### Prayer Focus

Highlighting the notion of journey:

**Bible** - (*our reference point and comfort*)

**Candle** - (*lit before group arrive*)

**Green cloth** - (*Liturgical season & nature*)

**Well-worn shoes or knapsack** (*journey is ongoing, we bring our past with us*)

**Compass** - (*not sure where it will lead, but the Holy Spirit will guide us*) and /or **torch**

#### Liturgical Link

Prayer begins and ends with the sign of the Cross. Through prayer and reflection on scripture we grow in relationship with God and call on the Spirit to support and strengthen us.

#### Overview

- Linking our story with God’s story
- Asking, ‘what I have come to see?’
- Reflection and Discernment
- The core Christian beliefs
- Scripture and prayer on the journey

#### Preparation by Catechists

- *Familiarity with content and resources*
- *Readiness to share understanding and experiences of God*
- *Pray for the young people and leaders*

#### Scripture Passages

- John 1:35-39 ‘Come and see..’
- Matthew 18:20 ‘Whenever two or three...’
- John 14:6 ‘I am the way.... ‘

#### Tenets of Faith (Faith Formation)

- Candle - Jesus the light of the world
- Centrality of Jesus the way the truth and the life - leads us to the Father
- Faith to be lived in community
- Companions on the journey
- Sustained by the Eucharist

\*\* *Additional notes included on PPT*

- **Welcome & Introduction:**
  - Brief explanation of the ***Come and See***, hand out notebooks and pens.
  - Give overview and aim for today.
- **Introductory activity:** What do we see – series of optical illusions. What helps us to see the reality and how might that differ for others?
- **Come and See – a journey of discovery** - Chosen 2 min video clip (depending on the age and maturity of the group) Importance of being open and willing to engage.

## Scripture and Reflection:

- **Why are we here?**  
Just as the candle is lit, a sign of Jesus' presence amongst us. Candle lit before you arrived as the Holy Spirit has already sparked a flame in your hearts.
- **Come & See John 1: 35-39**  
Listen to the passage and consider how it is speaking to you. What prompted you to come on this journey? Questions for reflection and group sharing:
  - Why am I here – what prompted me to respond now?
  - What is my current and previous connection with the Christian faith and Catholic Church?

**FF** - **Come & See** is a journey of discovery and relationship building with God, one another, and the church community it fosters personal and spiritual growth. Our attention is both inward looking and outward focused; we reflect not just on ourselves, but who we are in relation to the world. Sacredness in our sharing – trust each other and respect all that is shared.

- Ask questions as they occur, or jot down in your book for later, acknowledge if concepts or language are confusing

## Opening Prayer

- Prayer of gratitude to the Holy Spirit for giving the young people the courage to respond to God's call and embark on this journey of discovery.
- FF** - Candle represents Jesus the light of the world – lit to remind us he is present:  
**Mtt:18:20** 'Whenever 2 or 3 are gathered in my name, I am with you.'

## Going Deeper

- **Journey into Mystery** – Rite of Passage story and questions for reflection and conversation

- Listen to the story and reflect on how in daily life we are helped to grow spiritually. (*Step 1 Resource*)
- Questions to ponder and share responses with others.
  - Name the ordinary things in life that are important for your spiritual growth.
  - Who are the people who have helped you to appreciate there is a God.
  - In the past week what has been a surprise for you; good or bad, and how has this helped you to grow spiritually?
- **What is the Christian faith?** Activity to discover the range of knowledge, experience and perceptions amongst the young people.

**Introduction:** All World religions have a deity or God figure(s), sacred texts, core beliefs, specific practices, designated leaders, and a mission. Aspects of these we will unpack in the weeks ahead, this activity will help you, and us, to appreciate the understanding group members have of Christian beliefs and practices, and of those specific to the Catholic Church.

- Handout – core beliefs and practices worksheet (*Inq\_activity Step 1*)
- 5-7 minutes to work on in pairs / small groups
- Feedback to whole group

- FF** - unpack as necessary to clarify and distinguish between perceptions and reality. Jot down questions for further exploration another time.
- Central to the Christian Faith is belief in Jesus as the way to the Father, the one in whom the truth about how to live can be found. Following him will lead to Eternal life. Jn 14:6 Jesus said to him, *'I am the way the truth and the life. No one comes to the Father except through me.'*
  - Faith is to be lived in community, the prayers and the support of the community, our companions on the journey, strengthen us. As humans we all have a need to belong, be accepted, and to contribute; there is a deep spiritual connection within us. Gathering for worship, especially the Eucharistic, brings people closer to God, at Communion receiving Christ provides food for our spiritual journey. This gift of God's grace helps to sustain individuals and their communities.

## Closing Prayer

**Introduction:** to St Mary MacKillop of the Cross (or another inspirational Saint)

- Brief time to bring to mind the people of faith who have and continue to inspire us.
  - Prayer of St Mary Mackillop of the Cross (*Step 1 handout & ppt*)
- FF** - Mary MacKillop offered new ways of living the Gospel, in her time, many people today, including the young do likewise. Draw on examples from recent media stories or local events.
- Young people have a particular concern for the environment, ecology, sustainability. Church history demonstrates that the care for those in need is excellent, but not so care of the planet. Pope Francis, speaks of the 'Moral sin of environmental destruction.' Ecology is an area to be explored in more depth during the last phase of the journey.

## Closing Remarks and Next Step

- Check how group are feeling about being here today
  - Brief overview of the remaining stepping-stones
  - Encourage personal and prayer support of one another & offer to attend Mass with the young parishioners accompanying the inquirers on the journey.
- ✓ Allow plenty of time for socializing at the end of this session